Hemoglobin (Hb)	RBC Lifespan (avg. days)
Hb AA	120
Hb AS	93 ¹⁶
Hb AC	87 ¹⁷
Hb SS	17^{16}
Hb SC	28^{18}
Hb CC	29 ¹⁶
Hb S-Beta-thal	75 ¹⁶

Table 1. Average lifespan of red blood cells for normal and variant hemoglobins.